



*Brentwood
Hospital*

MINORITY HEALTH AWARENESS CEU SUMMIT

Wednesday, April 12, 2017

9:55am – 3:00pm

(Check-in begins at 9:30 am)

- Speakers:** Taniecea Mallery, Ph.D.; Winn Amos, LPC; Dr. Suzanne Foster, MD; & Jerry Roberson, Ph.D.
- Topics:** Dr. Mallery – Higher Education; Winn Amos – Behavioral Health; Dr. Foster – Obesity; Dr. Roberson – Birth Outcomes/Health Disparities
- Credit:** 1) This program has been approved 4.0 continuing education clock hours by the Louisiana Counseling Association as authorized by the Louisiana Professional Counselor Licensing Board of Examiners.
2) This program meets requirements for 4.0 General hours of continuing education credit by the NASW-LA Chapter as authorized by the State Board of Social Work Examiners.
- Location:** Lafayette Public Library – Main Library 301 W Congress St, Lafayette, LA 70501
- Registration:** Go to www.acadianafamilytree.org; click on the “Healthy Start Minority Health Awareness Summit” under *News*; then select the link “Click here to register”; you will then be redirected to constantcontact.com complete the registration form. Registration is limited, and is required.
- Cost:** Includes FREE CEUs and lunch, thanks to our sponsors, Brentwood Behavioral Hospital, Louisiana Department of Health Bureau of Minority Health and Crescent City WIC Services.
- Questions:** Kristen Copenhaver, Project Director 337.981.2180 Ext. 279 kristen@acadianafamilytree.org





Consortium for Resilient Gulf Communities

Healthier Community Series: Healthy People 2020

April 28, 2017

Agenda

Welcome

Monica Martin/Hannaha Williams
Plaquemines Medical Center

Introduction of Presenters

Patricia A. Davis
Plaquemines Community C.A.R.E Centers

Patricia A. Davis
Healthy People 2020

Hannaha Williams
Healthy People 2020

Jesse Roessler
Plaquemines Community C.A.R.E. Centers Foundation, Inc.

Bonnie Aycock, RN
Seniors and Law enforcement Together (SALT)

Mike Cook
Exceptional Dental

Lunch & Prizes

Announcements

Acknowledgements & Networking

Next Meeting: TBD



CHAMPS NOLA

babycafé

Westbank



Come join us for the Baby Café Westbank's Grand Opening!

When?

May 2, 2017

What Time?

1 p.m. - 3p.m.

Where?

**429 Wall Blvd Suite 7
Gretna, LA 70056**

**Refreshments, door prizes, great
company, and a breastfeeding supportive
environment! Come learn what we do!**

Contact information:

504-517-MILK

nolababycafe@gmail.com



WALK to CURE ARTHRITISSM



This 9 week program is organized through the Arthritis Foundation to promote physical activity and education for individuals with arthritis.

- **Promote successful physical activities for people with arthritis**
- **Education about arthritis self-management**
- **Encourage healthy living together**

Dates: Mondays & Wednesdays Starting April 3, 2017

Time: 10:00 AM - 11:30 AM

Location: Mammie Hicks Park & Recreation Center

***Blood Pressure Screenings, Glucose Checks, Nutritional Meal Preparation
Weekly Door Prizes for Top Earners***

Collaborating Sponsors:



*Come join the 2nd Annual
National Minority Health Month Celebration
with*



CareSouth
MEDICAL & DENTAL

MAKE YOUR HEALTH THE PRIORITY!!

What to Expect:

- Free Screenings:
 - Blood Pressure
 - Glucose
 - Cholesterol
 - Mental Health
 - Dental
 - Height, Weight & BMI
 - HIV Testing
- Nutrition Education
- Health Education
- Children Wellness Activities
- Live DJ

Saturday, April 29, 2017
11am – 2pm

CareSouth
3140 Florida Street
Baton Rouge, LA 70806
Phone: 225-650-2000
Contact:

marketing@caresouth.org

Collaborating Partners:



Louisiana Primary Care Association Inc.



**BRIDGING HEALTH EQUITY
ACROSS COMMUNITIES**
NATIONAL MINORITY HEALTH MONTH 2017

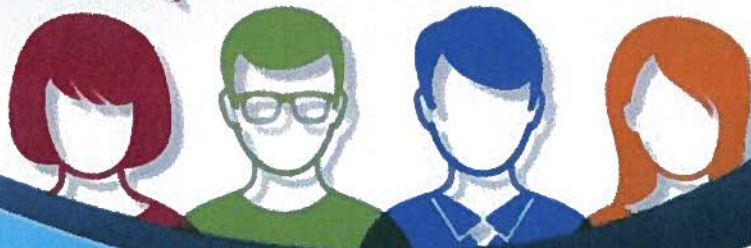
FREE REFRESHMENTS & DOOR PRIZES !!

Hot Topics

Diabetes

Hypertension

Obesity



Developing
Healthy People
2020

Presented by:
Patricia Davis, BS
Hannaha Williams, CHW

Friday, April 28th
10:30am-12:30pm

Plaquemines Medical Center
27136 Hwy 23
Port Sulphur, LA 70041
504-564-3344

A society in which all people live long,
healthy lives



Refreshments
will be
served!



**SOUTHWEST LOUISIANA PRIMARY HEALTH
CARE CENTER, INC.**

**WELCOMES BACK THE
ANNUAL EASTER
EGG HUNT**

Thursday, April 13

At 3:30 P.M.

8762 Hwy 182

Opelousas, LA 70570

Bring your own basket!

Bring your cameras for pictures with

The Easter Bunny!

Join us for fun!

&

Opportunities for

Free Blood Pressure Checks,

Free Diabetic Sticks, and

Information on enrolling your child

In HeadStart!

As we Celebrate

National Minority Health Month!





**OWN YOUR OWN
HEALTH
LOUISIANA**

YOUR COMPLETE ON-LINE WELLNESS CENTER

**PROMOTING HEALTH IN LOUISIANA THROUGH
INFORMED FOOD CHOICES & AN ACTIVE LIFESTYLE**



**KIDS AND ADULTS,
VISIT LOUISIANA'S NEW WEBSITE FULL OF
TOOLS & IDEAS FOR A HEALTHIER LIFESTYLE!**

**ALSO, JOIN THE
OWN YOUR OWN HEALTH LOUISIANA CHALLENGE
- A UNIQUE, ON-LINE FITNESS PROGRAM.**

**Increase Physical Fitness • Lose Weight • Eat Better
Quit Smoking • Prevent Disease & Illness**

VISIT WWW.OYOHOLA.COM



**Louisiana Governor's Council on
Physical Fitness and Sports**



LOVE &
SELF-CARE
NOW
#GirlTrek

Girl
Take a walk

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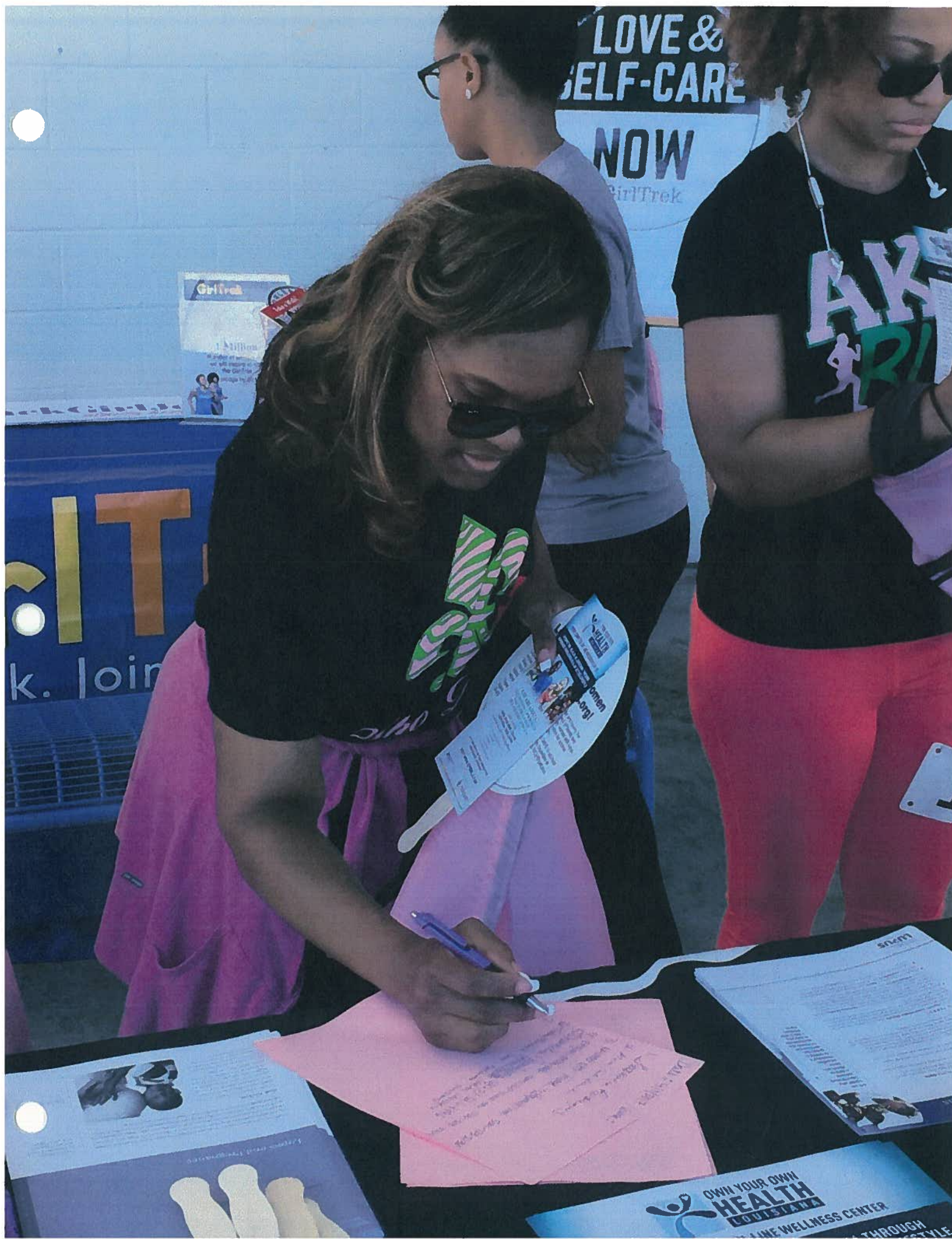
YOUR ON-LINE FITNESS

- Mindful Physical Fitness
- Yoga/Pilates
- Zumba
- Tai Chi
- Walking
- Running
- Gardening
- Fishing
- Hunting
- etc.

IT'S TIME FOR US TO START OWNING OUR
OWN HEALTH, LOUISIANA!

VISIT WWW.OYOH.LA.COM

OWN YOUR OWN HEALTH LOUISIANA is a project of the Louisiana Department of Health and Hospitals, in partnership with the Louisiana Department of Education and the Louisiana Department of Social Services.



Community Baby Shower

What: Celebrate the journey with other families. Information, prizes, demonstrations, fun, and more.

Who: Expecting moms and dads & moms and dads with infants 6 months and younger

When: Saturday April 1, 2017 2:00 pm - 4:00 pm

Where: Atkins Branch Library
3704 Greenwood Rd
Shreveport, La 71109





**Town of
Kentwood**

DIABETES and HYPERTENSION AWARENESS

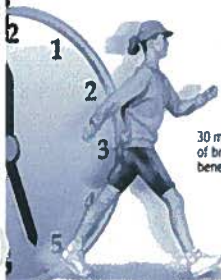
"Race, Rural Communities, Diabetes and Hypertension"

**Tuesday
April 25, 2017**

Kentwood Community Center

**308 Avenue F
Kentwood, LA 70446**

4:00 p.m. – 7:00 p.m.



Things Provided



Education

**Live
"Healthy Eating
demonstration"
by LSU Ag**



**Light
Meal**

"Vendors will be available with educational materials"



**"Door Prizes!"
Flat screen TVs and
other items to be
given away...**



*Exercise doesn't get in
the way of my life... It
adds to the quality of it!*

GET UP & MOVE



**DO NOT LET WHAT
YOU CANNOT DO
INTERFERE WITH
WHAT YOU CAN DO...**

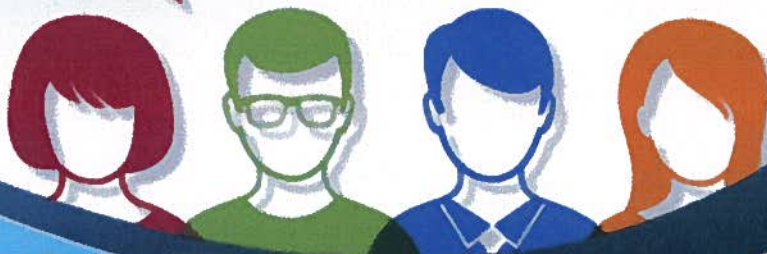


Hot Topics

Diabetes

Hypertension

Obesity



Learning TOGETHER...

Managing your Diabetes
is not a science,
IT IS AN ART.



Create Healthy Habits,
NOT Restrictions.

Plaquemines Parish in 4K

To view video

Visit

[youtube.com](https://www.youtube.com)

Search:

Plaquemines

Parish in 4K



**TAKE
PRIDE
IN HOW FAR
YOU HAVE COME
HAVE
FAITH
IN HOW FAR
YOU CAN GO**



Thanks to our Sponsors...



Audubon Nature Institute
Celebrating the Wonders of Nature



The Brenda Owens Memorial



5



Wellness Walk/Run

April 1, 2017

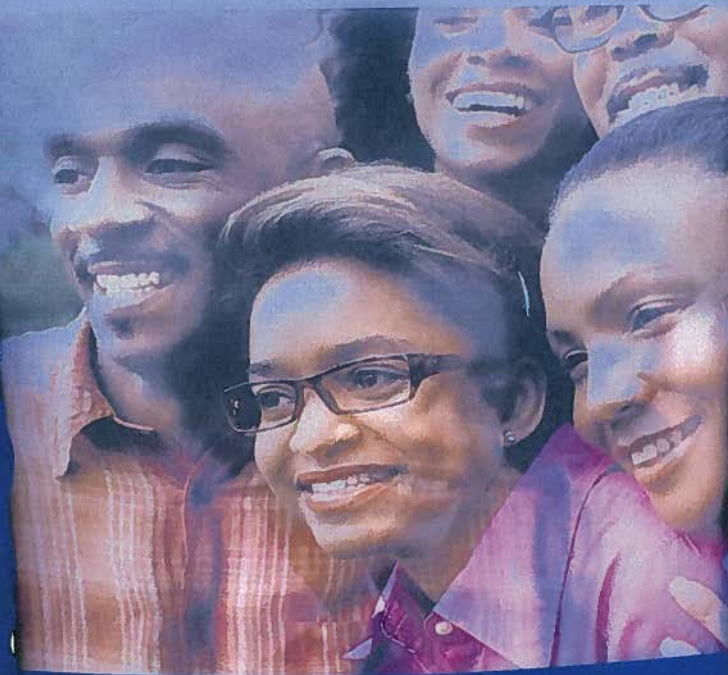
Sponsored by the Alpha Beta Omega Chapter of
Alpha Kappa Alpha Sorority, Inc



AmeriHealth Caritas

Louisiana

**CARE IS THE HEART
OF OUR WORKSM**



Helping families
and communities
stay healthy

www.amerihealthcaritasla.com



**LOVE &
SELF-CARE**

NOW

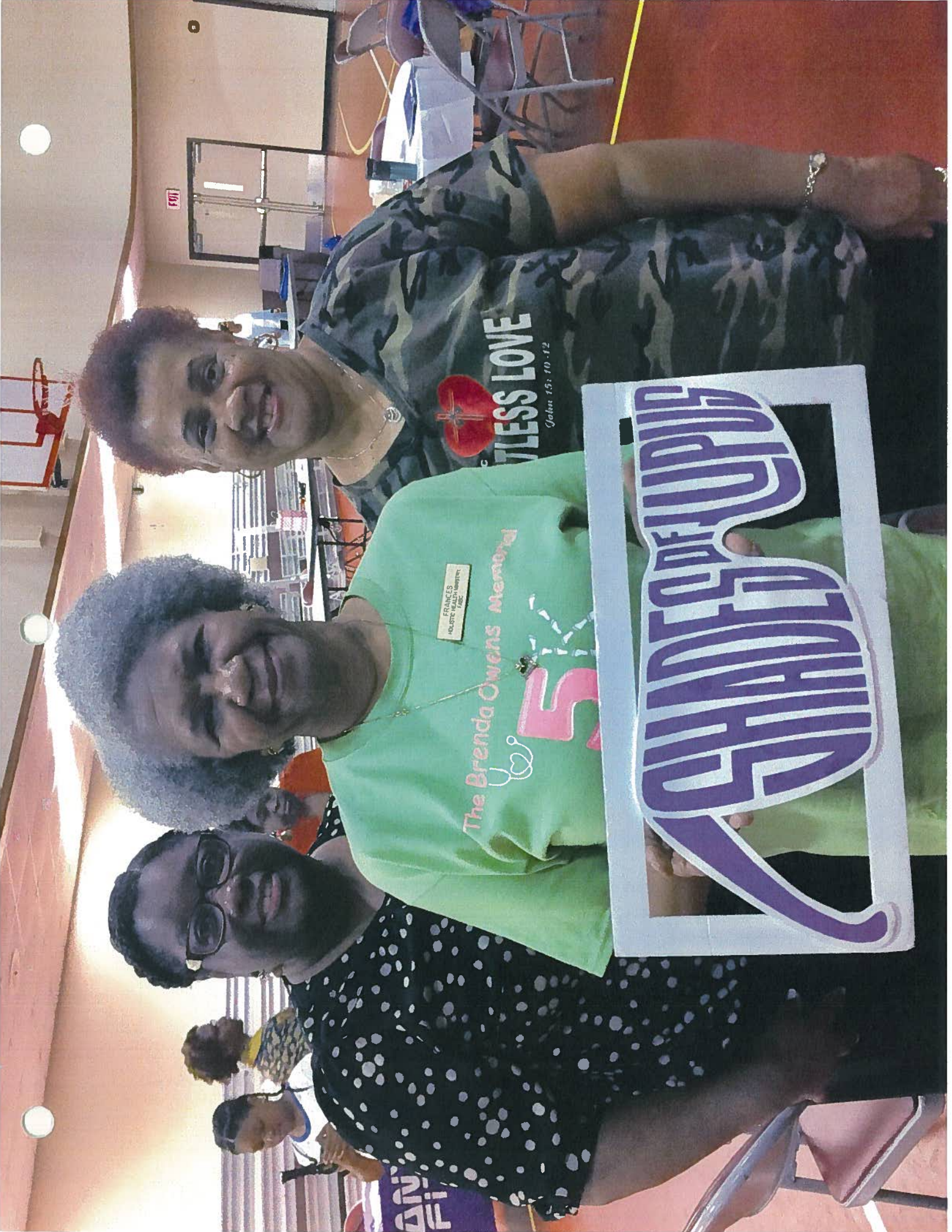
#GirlTrek

CELEBRATE THE BADDEST
FREEDOM FIGHTER
THIS WORLD HAS EVER SEEN



MISS
BLACK
LOUISIANA
US
AMBASSADOR

42







Franklin Avenue Baptist Church



2515 Franklin Avenue, New Orleans, LA 70117

Holistic **HEALTH** Ministry CONFERENCE

SATURDAY, March 25, 2017

Family Life Center

8:30am-1:00pm

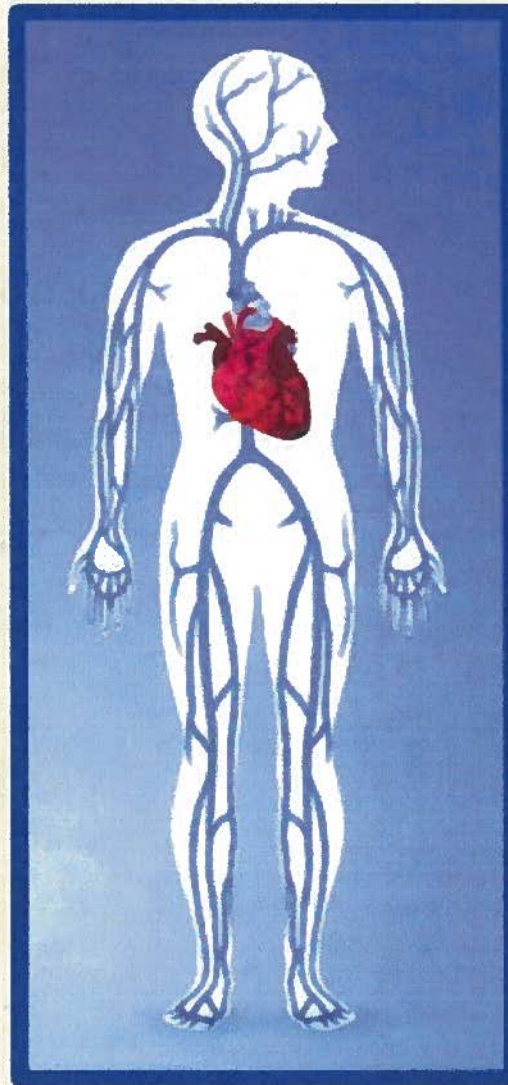
HEART Diseases

**Sickle Cell
Anemia / Disease**

Lupus

**Women's Health
Issues**

Physical Well-Being



For as the body is one, and
hath many members, and all
the members of that one body,
being many, are one body: so
also is Christ.

1 Corinthians 12:12

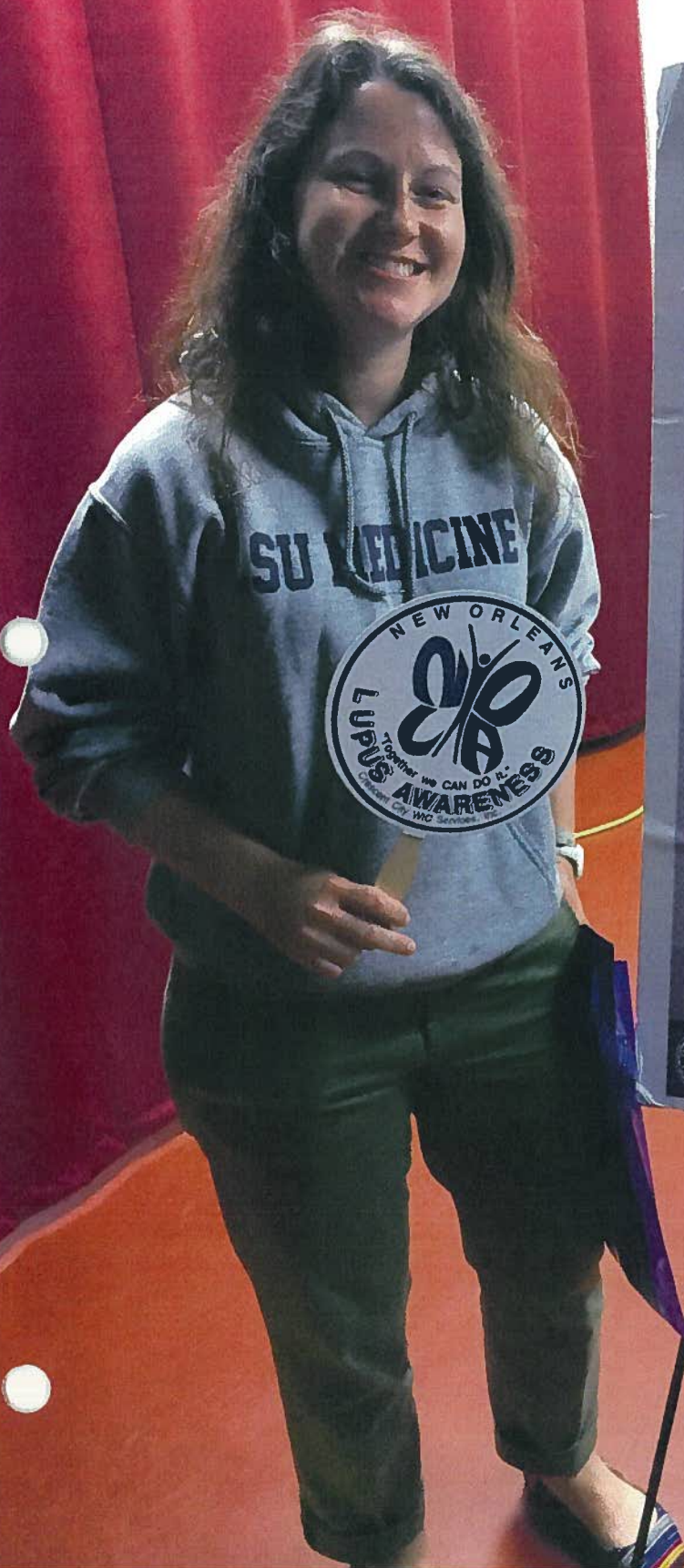
**Fred Luter, Jr., Senior Pastor
Denotrice Smith, President**

**Contact Person
Cynthia Zeno. 504-487-2744**

REGISTRATION FEE:

\$10.00

- ♦ Includes Continental Breakfast and Lunch.
- ♦ You can register online (www.franklinabc.com) and after both Worship Services in the Family Life Center.



May is Lupus Awareness Month

Help DHPE LEAP: Lupus Education and Awareness Program to decrease the diagnosis time frame of lupus by learning the signs and symptoms.

TOP FIVE SYMPTOMS

experienced by surveyed lupus patients.

- 97% Fatigue or Tiredness**
- 92% Painful Swollen Joints**
- 87% Problems with Sleep**
- 78% Skin Rash**
- 79% Pain (other than joint)**

DHPE Health Equity Director, Steve Owens, states:
Lupus is a chronic autoimmune disease that attacks all parts of the body, including organs and joints. Lupus develops in only 10 women, men are harder to find. It is important to know the signs for earlier diagnosis.

DID YOU KNOW?

- Women of color are diagnosed with lupus 10 to 20 years later than white women.
- Nearly three quarters (75%) of lupus patients experience depression and anxiety as a result of their illness.

Learn more about the DHPE LEAP program at www.dhpeleap.org. This program and all its activities are funded by the National Center for Minority Health and Health Disparities, U.S. Department of Health and Human Services.

Anne M. Baudier, RN, CCHC

Presents

Healthy



Heart

AWARENESS

Friday, February 17, 2017

10:30am-12:30pm

Plaquemines Medical Center

27136 Highway 23

Port Sulphur, LA 70083

504-564-3344

Refreshments will be served!





Health & Fitness Summit

Saturday March 4, 2017

Lake Area New Tech Early College High School

6029 Paris Ave. New Orleans, LA 70122

Presents... **"Reds on the Run" 5K Run/Walk**

8:30 am (Register 7 am)

<https://www.eventbrite.com/e/reds-on-the-run-registration-30908053209?aff=es2>

Followed by

DELTA SIGMA THETA ANNUAL HEALTH FAIR

9:30 am – 1:30 pm

<http://deltasigmatheta.ochsnerbloodbank.org/>

**Fitness Classes / Healthcare Providers / Voter Registration
Massages / Refreshments / Forums / Mobile Blood Unit, and more.**

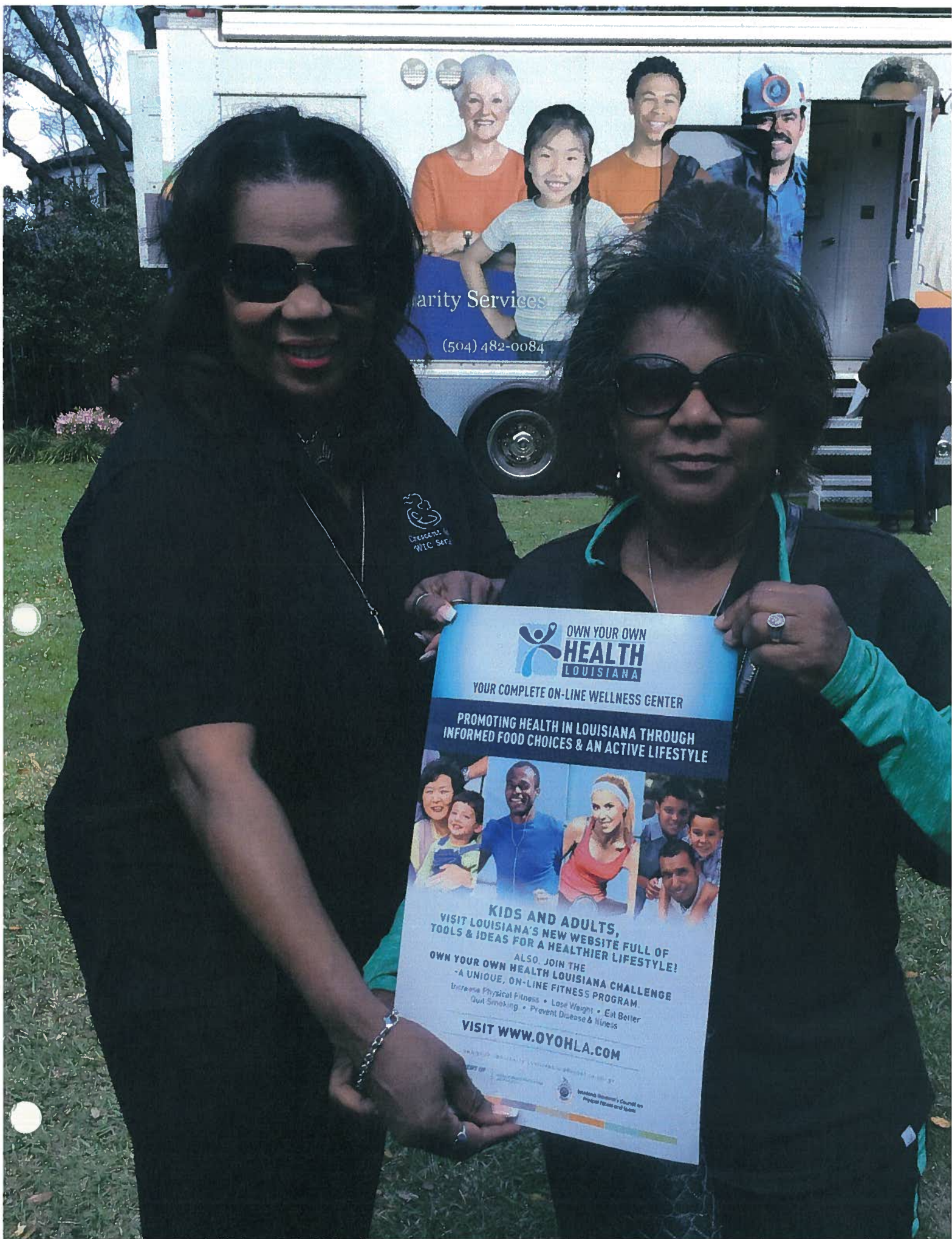
Sponsored by

The New Orleans Alumnae Chapter of Delta Sigma Theta Sorority, Inc.

The National Council of Negro Women, New Orleans Chapter

Contact: www.dstnoa.org / information@dstnoa.org





Crescent WIC Services

(504) 482-0084

Crescent WIC Services



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